Stevens Fitness Center Dress Code

All members that use the fitness center must be wearing appropriate attire while in the facility. This is in effort to prevent MRSA, ringworm, etc. from being passed from skin to pad/mat contact (even though you should clean your machines after use, unfortunately not everyone does). Research and surveys indicate that people are reluctant to begin an exercise program if they are intimidated within the environment. This helps to eliminate safety, health issues, reduce the spread of communicable diseases and to protect the facility and equipment. Those who are not wearing appropriate attire will be asked to leave the facility.

The appropriate attire requirements are as follows (street clothes are not acceptable):

- **Footwear**
  - Shoes are required in all areas of the gym at all times.
  - Covered toe and closed-heel, non-marking, rubber-soled shoes are required in activity areas.
  - High-heels, cleats, spikes, boots, and sandals in activity areas are not permitted.

- **Shirts**
  - Upper body clothing should fully cover the chest and torso. No open holes on the sides.
  - Cropped tanks, halter-tops, sheer tops (see through) tops, muscle tanks, and sports bras (only) are not permitted.
  - Clothing that exposes skin below the pec line is not permitted.

- **Bottoms**
  - Athletic-type apparel is required.
  - Non-athletic type pants such as jeans, khakis, pants, etc. with rivets or zippers are not permitted in the fitness center area.
  - Shorts must be long enough to cover the buttocks and groin when exercising or moving.

**What To Wear**

[Images of what to wear]

**What Not To Wear**

[Images of what not to wear]